May Flowers Table Runner By Brenda Shreve, Red Barn Quilting ©2020





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By Brenda Shreve, Red Barn Quilting ©2020

APQS

18" x 60" Finished Quilt

Fabric Requirements:

(I used Moda's Bella Solids. If you'd like to use the same ones, the color numbers are listed below.)

Quilt Top:

- 1-1/4 yards blue spray (#9900-263)
- 1/4 yard of orange (#9900-209)
- 1/4 yard of persimmon (#9900-294)
- 1/4 yard of raspberry (#9900-140)
- 1/4 yard of popsicle (#9900-143)
- 1/4 yard of coral (#9900-147)
- 1/8 yard of kelly (#9900-76)

Backing:

 1-1/2 yards your choice fabric (or a single fabric piece 23" x 65")

Additional Supplies:

- 8 photocopies of paper piecing template page (included)
- 3" x 5" index card
- Add a Quarter Ruler (optional)

BONUS INSTRUCTIONS

to enlarge the runner to a 54" x 60" quilt throw:

An extra 2-1/4 yards of "spray blue" fabric can be used to turn this table runner into an easy throw size quilt. Sub-cut this yardage by cutting off 21 inches to be used for binding. From remaining 60 inches, use the "snip and rip method" to make two 18-inch wide lengthwise strips, then sew one to each side of runner. Quilt and bind.



Cutting Instructions

*WOF = width of fabric

Blue Fabric (background) **Cut (3) - 4-1/2" wide strips by WOF** Sub-cut into (15) pieces, measuring 8" x 4-1/2"

Cut (6) - 2-1/2" wide strips by WOF

Cut (2) – 6" wide strips by WOF Sub-cut into (15) 3" x 6" rectangles. Cut each rectangle on one diagonal from corner to corner as shown. (used for paper piecing blocks)

Green Fabric (*stems*) Cut (3) – 3/4" wide strips x WOF

Remaining Fabrics (flower tops) From each additional fabric, cut (3) 5" squares (use these for paper piecing A1 sections)



Sewing Instructions

Stem Units

- Stitch a green strip in between two 2-1/2" x WOF blue strips as shown. REPEAT 2 more times.
- \bullet Sub-cut these strips into (15) 4-1/2" x 6-1/2" units used for flower stems

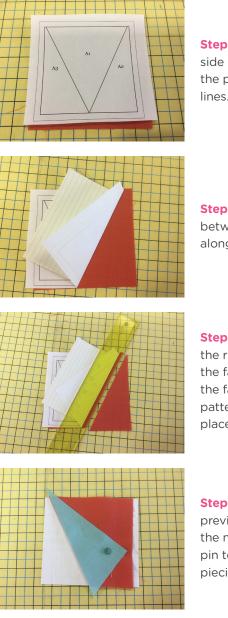
Flower Tops

- Follow the paper piecing instructions on the next page to construct the 15 flower tops (three from each color.)
- Stitch one 8" x 4-1/2" blue rectangle to the top of each flower unit.
- Refer to picture for layout (or create your own) and sew the flower units together, pressing the joining seams open.



Add-a-Quarter Paper Piecing Instructions

Cut apart the paper templates, leaving a margin around the outer dotted line, which represents the unfinished edge of the block. Solid lines are stitching lines – do not cut on the solid lines! NOTE: If you don't have an "Add-a- Quarter" ruler, use a standard rotary cutting ruler instead.



Step 1: Place wrong side of fabric against the back side of the numbered pattern and pin. Make sure the pin does not cross any of the solid stitching lines. Flower head pins work best as they lay flatter.

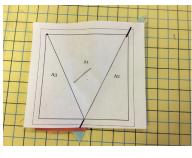
Step 2: Place the 3" x 5" index card on the line between sections A1 and A2 and fold the paper along the line as shown.

Step 3: Using the Add-a-Quarter ruler, lay the lip of the ruler on the folded paper edge and trim with the fabric with a rotary cutter. Remove the card and the fabric you trimmed off. Open the paper piecing pattern up flat again and flip it over (keep the pin in place for now.)

Step 4: Lay one of the blue triangles that you cut previously from the 3" x 6" blue rectangles along the new cut edge, right sides together. Use another pin to hold the two pieces of fabric and your paper piecing template together.



Piecing Instructions (cont.)

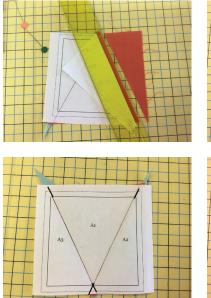


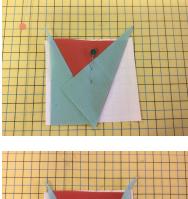
Remove the first pin. Flip your unit back to the front side of your pattern. Set your sewing machine stitch length to 1.8mm to 2mm stitch length (this makes tearing off the paper easier later!). Stitch on the A1/ A2 line, starting your stitching 1/4" before the line starts and ending 1/4" past the line (refer to photo.)



Step 5: Remove the pin and flip the A2 fabric open. Press.

Step 6: Repeat steps 2-5 for A2/A3 line of pattern.







Remove the paper and you will have a perfect 4-1/2" square flower unit.



Backing Cutting Instructions

Using 65" length of fabric:

Simply snip a 24" piece from one cut edge and rip the length. Simple and straight.

Using the 1-1/2 yard piece:

Cut two pieces, 24" x WOF Stitch together to create a 24" x65"



Stitching line to join backing piece







May Flower Block 4x4

