

HEAD TO THE MOUNTAINS



A SPARROW QUILT COMPANY PATTERN



Half Square Triangles Make Up this Quilt
On-Point Rows make you look like a pro!
Designed By Bradie Sparrow

You know I just love Half Square Triangles. They are simple yet so versatile. This quilt began as an effort to use up a layer cake plus some yardage. Once it was laid out, it looked so much like the Beautiful British Columbia Mountains that our family loves, that of course we had to name it - Head For the Mountains. I have included a blank image of this quilt as well so you may play with colour ideas before committing to real fabric.

Fabric Requirements

A meter is equal to 39 inches. A yard is equal to 36 inches.

Background Fabric - 2 1/4 m - I used Moda Bella Solid - Snow

Large Triangle Prints - 1.1 m Assorted Prints OR 18 x 8 in squares.

Small Triangle Prints - 2m Assorted Prints OR 38 X 9 in squares

Border - 2 m

Cutting Instructions

Background Fabric

Cut 18 squares 7 7/8 X 7 7/8 inches.

Cut each 9 inch square into 4 squares, each 4 3/8 X 4 3/8 inches.

Large Triangle Prints

Cut 18 squares 7 7/8 X 7 7/8 inches.

Small Triangle Prints

Cut each 9 inch square into 4 squares, each 4 3/8 X 4 3/8 inches.
Keep these organized by fabric!

Border

Cut 7 squares, each 11 1/8 X 11 1/8 inches. Cut twice on diagonal for total of 28 triangles. Two of these can go in your scrap pile.

Piecing Instructions

A HST is a Half Square Triangle. If you are unfamiliar with how to create a HST, please check my Youtube videos for several suggestions, or look for the tutorial on this quilt.

Piece the large half square triangles.

This requires a $7 \frac{7}{8}$ in square of background plus a $7 \frac{7}{8}$ in square of print.

Use your favourite method to create the large HST units.

Total Needed 33 large HST

Piece the small half square triangles.

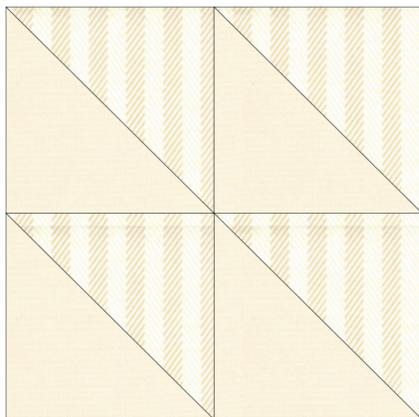
This requires a $4 \frac{3}{8}$ in square of background plus a $4 \frac{3}{8}$ in square of print.

Use your favourite method to create the small HST units.

Total Needed 152 small HST

Next, stitch your small HST together in sets of four. Look at the block diagram to ensure proper placement.

Total Needed 38



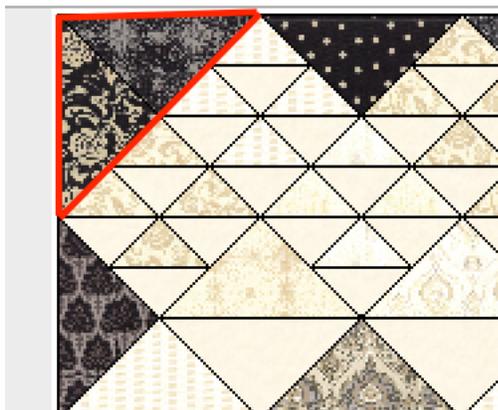
This is the proper fabric placement. Make sure that the background fabric is in the lower left corner of each HST unit.

Now that you have created all the HST, both big and small, it is time to lay out your blocks. Use the diagram from the first page to help with the arrangement.

Note that each row begins with border triangles. Do not forget to include these! We piece the borders into the rows on this setting. Have a peek at the diagrams below to see how the rows are built.

Row one will consist of two border triangles. (Row One Diagram.)

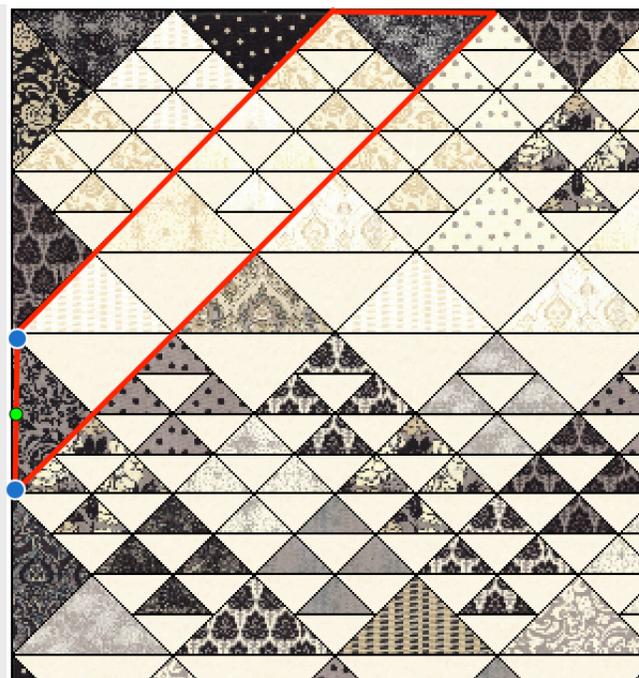
Continue piecing your rows together. I always put my row back into the layout to ensure I am not flipping or reversing any blocks or rows.



Row One Diagram (ABOVE)
Note the red outline showing the two
triangles which make row one.



Row Two Diagram (Above)
Here the red outline indicates
Row Two.



Row Three Diagram (Left)
Shown here, outlined in red, is Row
Three.

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