



Sand Surf and Sun



APQS Lethbridge
1253 2a Ave North
Lethbridge Alberta Canada
403-942-5333
www.FinelyQuilted.ca
email: info@FinelyQuilted.ca

Fabric requirements:

Background Squares – 1.4 yards (1.2m)

Sashing – 1yard (.9m)

Accent Squares, Outer border 1 yards (1.25 m)

Binding Traditional – ½ yard (.5m)

Flip Flops – 1 Layer Cake™* (this is a great place to use up those scraps)

Optional Flange - 10.5" X WOF Flange color (we used the same as the sashing fabric)

Binding: 9" X WOF (we used the same color as the outer border and accent squares)

Steam-A-Seam Lite – 2 yards (or your favorite fusible product)

Thread to piece with, and to applique your blocks

*A "Layer Cake™" is a stack of Moda fabrics measuring 10" x 10" (typically around 42 fabrics are in one layer cake)

Cutting Instructions

Background fabric:

- Cut (20) 10"x 10" squares.

Sashing fabric:

- Cut (3) 10" x WOF Rectangles
 - Sub-Cut into (49) 2-1/2"x 10" strips

Accent fabric (Sashing cornerstones):

- Cut (2) 2 ½" x WOF Strips
 - Sub-Cut (30) 2-1/2"x 2-1/2" squares

Accent fabric (Outer Border):

- Cut (6) 4" x WOF strips for outer border

Assorted flip-flop fabrics:

Using the template provided, trace the shapes below onto Steam-A-Seam Lite (or use your favorite fusible). DO NOT cut out the shapes yet.

- (20) pairs of flip-flops (make sure you have a right and left foot for each pair)
- (20) pairs of thong straps (you'll need a right and left strap for each pair)

Fuse the traced flip-flop shapes onto the wrong side of assorted fabrics and cut out.

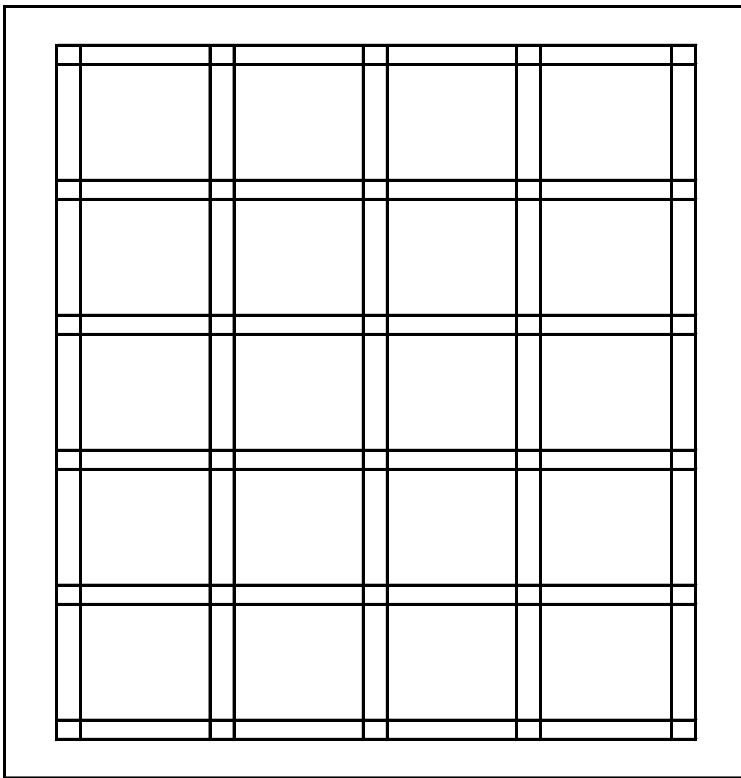
Block Assembly

On each of the 10"x10" background blocks, place one pair of flip-flops (the thong straps will be added later.) Fuse them in place following manufacturer instructions.

Applique in place using your preferred method. We chose to use a simple blanket stitch for this quilt. Repeat this on all 20 blocks.

Next place the thong straps onto each pair of soles, matching the left and right feet. Fuse in place following manufacturer instructions. Applique in place using your preferred method. We used a simple blanket stitch.

Layout blocks following the diagram:



You will want to move your blocks around until you are satisfied with your layout.

****All seams are ¼-inch****

Sashing

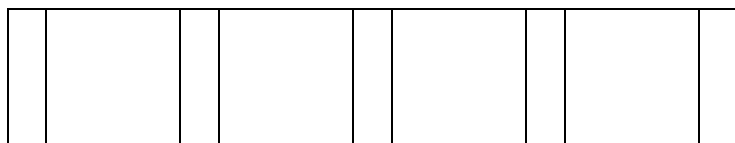
Take the 2-½"X 2-½" squares and 24 of the sashing strips, and sew a square onto one end of all 24 sashing strips to create a "sashing unit". You will have 6 squares left over.

Take 4 sashing units and sew one of the remaining squares to the other end of the strip.

Repeat this with the remaining sashing units to create 5 more sashing rows for a total of 6 sashing rows. You will have a accent square on both the beginning and the end of each row.



Now join your flip-flop blocks together on the left and right sides using the remaining 25 sashing strips. Add a 2-1/2" x 10" sashing strip between your blocks as well as on the side of the outer left and outer right block of each row. Repeat this to create 5 rows of flip-flop blocks and sashing strips.



Next add the long sashing units between these rows, as well as on top of first row and below the last row. Use the diagram on Page 3 as a guide. Nest the seams where the sashing strips meet to help keep your sashing straight. Press well.

Borders

Sew the 6 border pieces together.

Measure the center of the quilt from top to bottom in the center and along the sides. Take the average of these three measurements and cut 2 border strips to this length. Sew them onto the top and press.

Measure the quilt horizontally across the center and along the top and bottom edges of quilt. Find the average of these three measurements and cut 2 border strips to that length. Sew these strips onto the quilt top and bottom and press.

Quilt as desired!

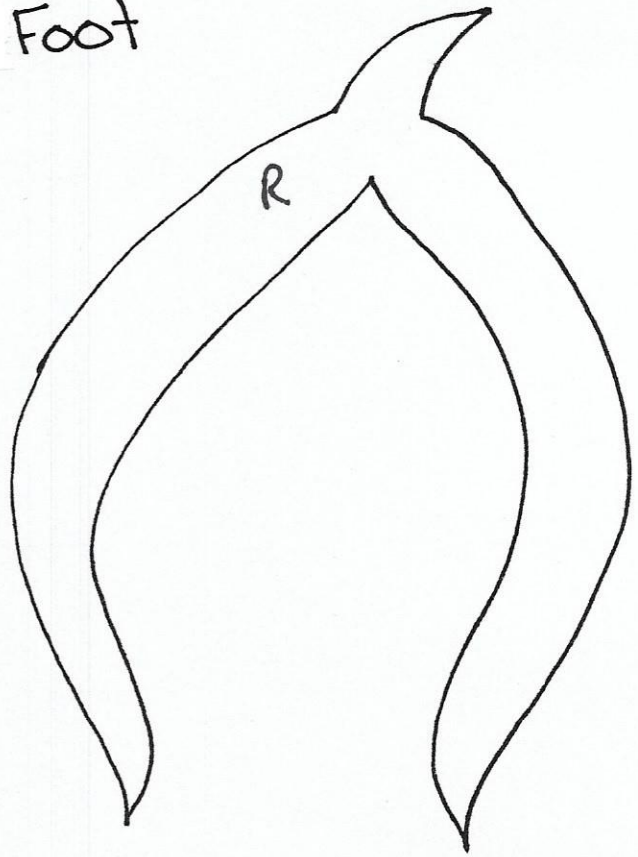
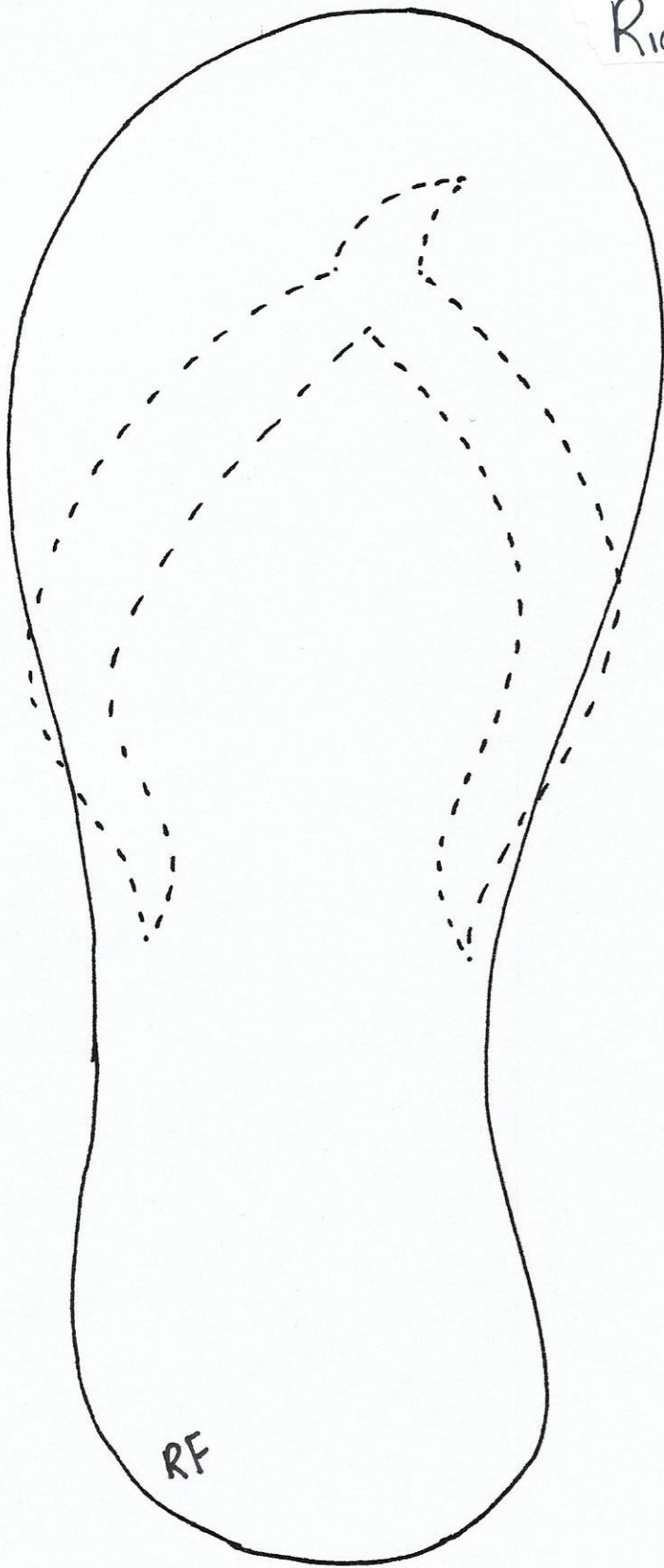
Optional Flange Instructions

Cut flange fabric into 1-3/4" WOF strips. Sew the strips together, pressing seams open. Now press the flange in half along its length, with wrong sides together.

After quilting, measure the sides of the quilt and cut two flange pieces to this length. Baste the flange strip to the left and right sides, aligning the raw edge of the flange strip with the raw edge of the quilt. Repeat with the top and bottom edges. Add binding on top of the flange,

again matching raw edges of binding with quilt edge and flange edge. Trim quilt and finish by stitching the binding to the back of the quilt.

Right Foot



Left Foot

