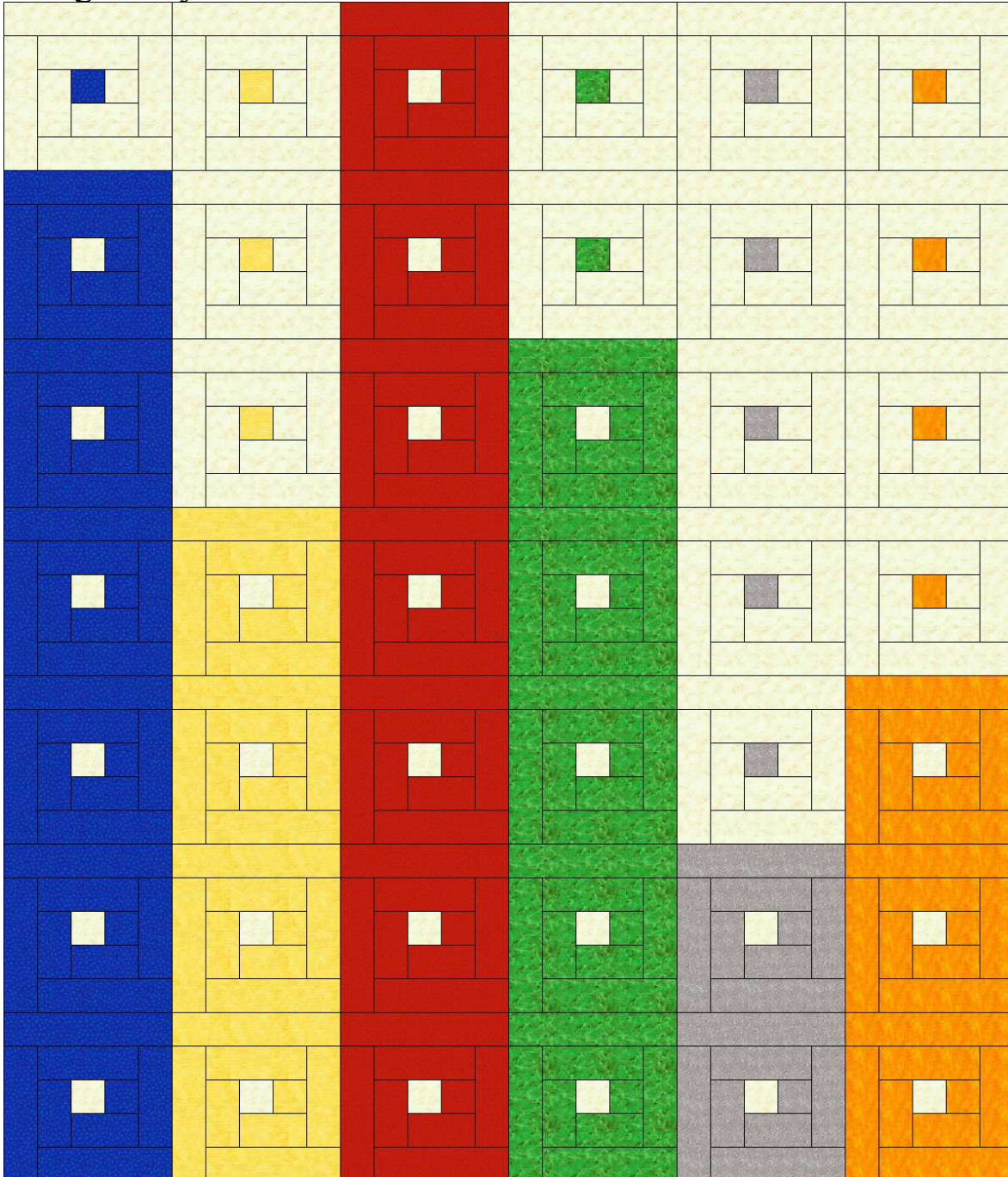


Stay Centered

60 X 70

Designed by Sheila Van Der Linden



FABRIC REQUIREMENTS

Colored Blocks:

Red, Blue, Green fabrics – 7 Fat Eighths in each color way

Orange, Yellow, Gray – 4 Fat Eighths in each color way

White Blocks:

Variety of tone on tone – 7 Fat Quarters

CUTTING INSTRUCTIONS

Please note you will have left over fabric after assembly. Keep these handy in case you need to rearrange placement of fabric during assembly.

Colored Blocks:

From each Fat Eight cut 3 strips, 2.5 inches wide by length of fabric.

Randomly stack them in piles of 3 or 4, keeping them in their color ways and cut the following:

Red: 7 Blocks

- A 7 - 2.5 X 2.5 squares
- B 14 – 2.5 X 4.5 rectangles
- C 14 – 2.5 X 6.5 rectangles
- D 14 – 2.5 X 8.5 rectangles
- E 7 – 2.5 X 10.5 rectangles

Blue: 6 Blocks

- A 7 - 2.5 X 2.5 squares [set aside 1 for the white block]
- B 12 – 2.5 X 4.5 rectangles
- C 12 – 2.5 X 6.5 rectangles
- D 12 – 2.5 X 8.5 rectangles
- E 5 – 2.5 X 10.5 rectangles

Green: 5 Blocks

- A 7 - 2.5 X 2.5 squares [set aside 2 for the white blocks]
- B 10 – 2.5 X 4.5 rectangles
- C 10 – 2.5 X 6.5 rectangles
- D 10 – 2.5 X 8.5 rectangles
- E 5 – 2.5 X 10.5 rectangles

Orange: 4 Blocks

- A 7 - 2.5 X 2.5 squares [set aside 3 for the white blocks]
- B 8 – 2.5 X 4.5 rectangles
- C 8 – 2.5 X 6.5 rectangles

- D 8 – 2.5 X 8.5 rectangles
- E 4 – 2.5 X 10.5 rectangles

Yellow: 3 Blocks

- A 7 - 2.5 X 2.5 squares [set aside 4 for the white blocks]
- B 6 – 2.5 X 4.5 rectangles
- C 6 – 2.5 X 6.5 rectangles
- D 6 – 2.5 X 8.5 rectangles
- E 3 – 2.5 X 10.5 rectangles

Gray: 2 Blocks

- A 7 - 2.5 X 2.5 squares [set aside 5 for the white blocks]
- B 4 – 2.5 X 4.5 rectangles
- C 4 – 2.5 X 6.5 rectangles
- D 4 – 2.5 X 8.5 rectangles
- E 2 – 2.5 X 10.5 rectangles

White: 15 Blocks

Cut 7 – 2.5 inch strips, length of fabric, from each fat quarter. Randomly stack the strips in piles of 3 or 4 and cut the following:

- A 42 - 2.5 X 2.5 squares [set aside 27 for the colored blocks center]
- B 30 – 2.5 X 4.5 rectangles
- C 30 – 2.5 X 6.5 rectangles
- D 30 – 2.5 X 8.5 rectangles
- E 15 – 2.5 X 10.5 rectangles

ASSEMBLING THE BLOCKS

Colored Blocks:

You should have 27, 2.5 X 2.5 inch white squares that were set aside during the cutting of the white fabric.

Take a white 2.5 X 2.5 inch square, and sew a colored 2.5 X 2.5 inch square to it. Press. Fig.1

Sew a 4.5 X 2.5-inch rectangle, [B], to the bottom of the 2

squares so that they form a 4.5 X 4.5 inch square. Press. Fig.2
Take another "B" rectangle and sew that to the left side of the
"A" and "B" set to form a 6.5 X 4.5 rectangle. Press. Fig.3
Take a "C" rectangle and sew that to the top of the "A" & "B"
set to form a square. Press. Fig 4
Take another "C" rectangle and sew that to the right side of the
block. Press. Fig 5
Take a "D" rectangle and sew that to the bottom of the block.
Press. Fig 6
Take another "D" rectangle and sew that to the left side of the
block. Press. Fig 7
Take one "E" rectangle and sew this to the top of the block.
Press Fig 8
Square up your block to 10.5 inches.
Repeat for the rest of the colored blocks until you have all 27
finished.

White Blocks:

You should have 15, 2.5 X 2.5 inch colored squares that were set
aside during the cutting of the colored fabric
Take a colored square 2.5 X 2.5 inch square, and sew a white 2.5
X 2.5 inch square to it. Press. Fig 1
Sew a 4.5 X 2.5-inch rectangle, [B], to the bottom of the 2
squares so that they form a 4.5 X 4.5 inch square. Press. Fig 2
Take another "B" rectangle and sew that to the left side of the
"A" and "B" set to form a 6.5 X 4.5 rectangle. Press. Fig 3
Take a "C" rectangle and sew that to the top of the "A" & "B"
set to form a square. Press. Fig 4
Take another "C" rectangle and sew that to the right side of the
block. Press. Fig 5
Take a "D" rectangle and sew that to the bottom of the block.
Press. Fig 6
Take another "D" rectangle and sew that to the left side of the
block. Press. Fig 7
Take one "E" rectangle and sew this to the top of the block.
Press. Fig 8
Square up your block to 10.5 inches. Fig 9

Repeat for the rest of the white blocks until you have all 15 finished.

SEWING THE ROWS

Row # 1:

1 white block with a blue center, 6 blue blocks, with white centers. Sew in a row and press toward the top of the quilt.

Row # 2:

4 white blocks with yellow centers, 3 yellow blocks, with white centers. Sew in a row, and press toward the bottom of the quilt.

Row # 3:

2 white blocks with green centers, and 4 green blocks, with white centers. Sew in a row and press toward the top of the quilt.

Row # 4:

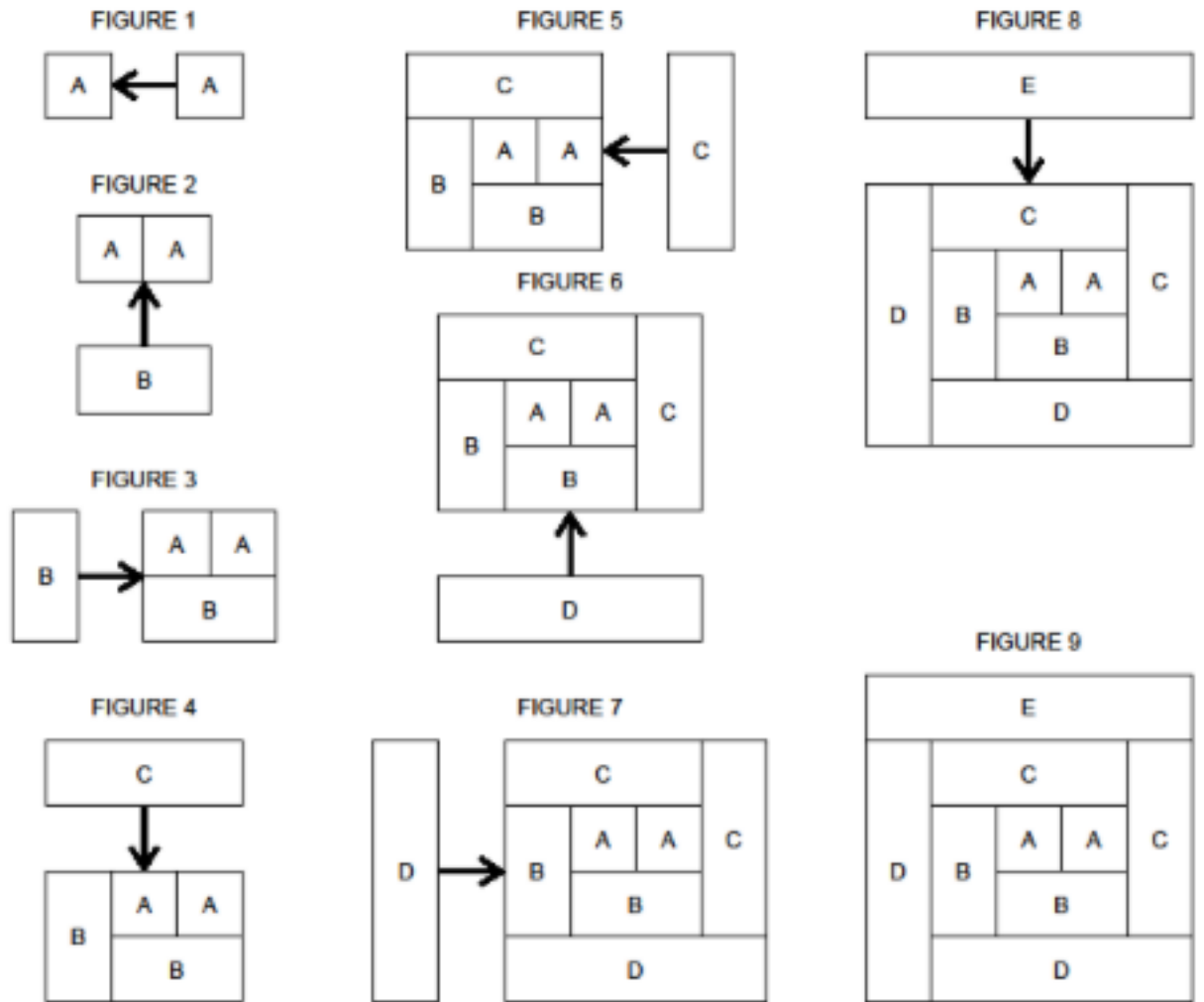
7 red blocks with white centers. Sew in a row and press toward the bottom of the quilt.

Row # 5:

5 white blocks with gray centers, 2 gray blocks with white centers. Sew in a row and press toward the top of the quilt.

Row # 6:

4 white blocks with orange centers, and 3 orange blocks with white centers. Sew in a row, and press toward the bottom of the quilt.



FINISHING UP

Sew all the rows together, pinning carefully so that the seams line up.

Stay stitch around all 4 sides so that the seams don't open.

Quilt as desired.